

<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
9am-11am Prevocational Teams Lunch Planning	9-9:30am Warm-Up in Gym	9am-noon  Prevocational Teams	9am-11:30 Prevocational Teams	9am-noon Prevocational Teams
11:11:30 AM Business Class	9:30-10:30 am Fitness: Yoga, Zumba, Weights, Aerobics		Coffee Shop Open: 9:30-11:30 am	Food Pantry Open: 10:30-12:30
11:30-noon Coop Meeting	10:30- 11:00 Health Talk		11:30-noon Coop Meeting	
	11:00-Noon Cook Lunch/Social Time			
Noon-1 LUNCH	Noon-1 LUNCH	Noon-1 LUNCH	Noon-1 LUNCH	Noon-1 LUNCH
	1pm-4pm Prevocational Teams		1:00pm - 2:30 pm Exercise	<i>Please check out our events the first Friday of every month!</i>
			2:30-4pm Prevocational Teams	